

THERAPY REFERRAL FORM | Centre for Refugee Resilience

REFERRING ORGANIZATION **Date of referral** Agency **Contact Person Email & Phone** Has this referral been discussed with: the client (anyone over 18)? Yes \square No \square The parents (for a client that is 3-18 years old)? Yes □ No□ **CLIENT'S INFORMATION Full Name Country of Origin** Age Gender Language(s) spoken **English level** Intermediate Advanced Basic Low **Phone number** Best time to contact Other support staff involved (EG: teacher, case worker) If the client is under 18, please fill out the second page. **REFERRAL DETAILS** Please include phrases and words used by the client during your discussions so we can mirror the same language at intake. 1. Reasons for referral. 2. Symptoms or current concerns. 3. How was therapeutic counselling described to the client? 4. Client's strengths, skills, and talents.

Please email the form to <u>refugeecentre@ccisab.ca</u> or fax to **403.262.2033** | Mark **CONFIDENTIAL Program Intake** | Phone 403.290.5466





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PARENTS INFORMATION (if under 18)

Mothers Name							
Language(s) spoken							
English level	Low	ow Basic		Intermediate		Advanced	
Fathers Name							
Language(s) spoken							
English level	Low	Basic		Intermediate		Advanced	
Parent's Marital Status	Single	Married	Commo	n Law	Separated	Divorced	Widowed
Legal guardianship	Mother		Father	(Other		
School attended	Grade						
Teacher's Name	Phone						



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Building resilience starts with the referral process.

Who We Support

- Immigrant or refugee background.
- Present with symptoms of trauma.
- Have economic and social barriers.
- Have trauma as the primary issue to address.
- Are open to engaging with services.
- Are stable enough to engage with services.
- Not in immediate transition, immediate crisis, or current traumatic situation.
- Individuals whose lives are in a general state of consistency/routine.

Our centre recognizes that healing is built on the principles of

Safety

Stories of resilience are sacred, and some may choose to keep them private for a lifetime. Be prepared to listen to a traumatic story but allow a person to decide when they feel safe to do so and allow them to initiate the story-telling process. In the referral process, our focus is on the signs and symptoms, expressed concerns, current struggles, and strengths.

Empowerment

Give choice and control at every step of the referral process, from sharing stories and concerns to deciding which services to seek.

Connection

Build on the trust that you have already established by facilitating the referral to the program.

Supports Provided by the Program	Supports Not Provided by the Program			
 Therapeutic counselling, focus on non-current trauma Group therapy Psychoeducation, workshops, and training Volunteer support Client resources/ referrals, as needed Interpretation for program services Brief therapy Online video therapy 	 24-hour crisis support / access Therapy outside the focus of trauma Therapy for current or ongoing traumatic situations (E.G. current experiences of family violence) Formal assessments (E.G. for use in court or Children's Services cases) Issues related to developmental disabilities 			

